

## Avian influenza surveillance at the human–animal interface in Lebanon, 2017

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### Abstract

**Background:** Avian influenza viruses (AIVs) cause severe diseases in poultry and humans. In Lebanon, AIV H9N2 was detected in 2006 and 2010 and H5N1 was detected in 2016.

**Aim:** To evaluate the current circulating AIVs in Lebanon at the human–animal interface.

**Methods:** A total of 1000 swabs were collected from poultry from 7 Lebanese governorates between March and June 2017. Swabs were screened for influenza infection. Haemagglutinin and neuraminidase AIV subtypes were determined for positive samples. Gene segments were cloned and sequenced. Blood was collected from 69 exposed individuals. Serological studies were performed to test sera for antibodies against AIV.

**Results:** In chickens, 0.6% were positive for AIV H9N2. Sequences obtained clustered tightly with those of Israeli origin as well as Lebanese H9N2 viruses from 2010. All human samples tested negative.

**Conclusion:** We recommend regular surveillance for AIVs in poultry using a One Health approach.

Keywords avian influenza virus, endemic disease, epidemiology, virus surveillance, Lebanon

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### Introduction

Avian influenza (AI) is considered to be one of the most important viral diseases in the poultry industry. Both domesticated and wild birds can be infected with AI virus (AIV) (1). AIVs are divided into 16 haemagglutinin (HA) subtypes (H1–H16) and 9 neuraminidase (NA) subtypes (N1–N9) (2). All influenza A subtypes have been isolated from wild bird species (3). However, highly pathogenic AI (HPAI) has been restricted to H5 and H7 subtypes in susceptible bird species (4), although not all H5 and H7 viruses are highly pathogenic. AIVs of all HA subtypes circulate in wild birds mostly as lowly pathogenic AI (LPAI) with few or no clinical signs (5).

Spillover from wild birds to poultry is not uncommon (6). The first AI case was isolated from poultry in 1878 in Italy (7). Since then, AI has been expanding worldwide in poultry. The occurrence and spread of LPAI or HPAI viruses in poultry vary depending on the levels of biosecurity and concentration of poultry in outbreaks or the emergence of HPAI virus (1).

Several human infections with avian influenza A viruses, including H5N1, H9N2, H7N3, H7N7, H7N9 and H10N8, have been reported among poultry-exposed persons in several countries, with Egypt reporting the highest number of H5N1 infections and China the highest number of H7N9 infections (8–13). Therefore, avian to human transmission has become an important

public health issue. The spread of AIV from East Asia to the Middle East, Europe and Africa has raised the alarm that an influenza pandemic may be imminent (14). The burden of influenza in middle eastern countries is now of considerable concern. This agrees with the World Health Organization (WHO) alerts highlighting a major public health threat due to this adaptable virus that is capable of escaping vaccines or producing novel viral strains through antigenic drift or shift (15–17). Several middle eastern countries have reported human infections with AIV, including Egypt, Iraq, Djibouti and Pakistan (18). This pandemic potential has emphasized the importance of intensive surveillance and control measures at the human–animal interface.

In Lebanon, an H9N2 outbreak occurred in 2006 in chickens in different provinces, leading to a remarkable drop in egg production. In 2010, H4 and H11 antibodies were detected in backyard growers from Bekaa and South Lebanon Governorates respectively (19). An outbreak of H5N1 HPAI was first described in Lebanon in April 2016, in a farm in Baalbek in East Lebanon, leading to high mortality among chickens (20) that required the intervention of the Lebanese Ministry of Agriculture for monitoring and controlling. Culling of sick birds, decontamination of infected farms, and surveillance within the vicinity of infected farms were applied and the outbreak was resolved in June 2016 (21). H9N2 influenza vaccines have been licensed and used in all Lebanese

farms. However, H5 and H7 vaccines are not licensed by the Lebanese Ministry of Agriculture.

To identify the current circulating AIV at the human–animal interface in Lebanon, we conducted a nationwide, cross-sectional survey among Lebanese poultry and poultry-exposed individuals from March to June 2017. This was performed by adapting a One Health approach jointly between involved governmental institutions and nongovernmental research entities.

## Methods

One thousand chickens (breeders, broilers and layers) were randomly sampled (cloacal and oropharyngeal swabs for each) from poultry production sectors from 7 Lebanese governorates: North (n = 200), Akkar (n = 200), South (n = 150), Nabatiyeh (n = 50), Mount Lebanon (n = 150), Baalbek (n = 100), and Beqaa (n = 200) depending on poultry density, from March to June 2017. The timing was because many farms are not accessible during the winter due to weather conditions. We selected farms near the borders, farms with low biosecurity measures designed to prevent infectious diseases, and farms with high biosecurity measures (access restriction, decontamination troughs, and indoor-housing of birds). Between 5 and 30 samples were collected per farm according to the size of the farm, the number of pens per farm, and the farm's biosecurity level.

Each sample pool (cloacal and oropharyngeal swabs) was used to inoculate 10-day-old specific-pathogen-free embryonated chicken eggs that were incubated at 37°C for 30 hours. The allantoic fluid was harvested and tested for HA. Viral RNA was extracted from each HA-positive allantoic fluid and subjected to reverse transcription polymerase chain reaction (RT-PCR) to amplify 244 bp of the M segment of influenza A viruses according to a WHO protocol (22). Samples positive for the M segment were then subjected to additional RT-PCR to determine the HA and NA subtypes (23). The first-strand cDNA was synthesized using Superscript III Reverse Transcriptase (Invitrogen, Carlsbad, CA, USA) and Uni-12 primer (5'-AGCRAAAGCAGG-3'). Using a Phusion Master Mix kit (New England Biolabs, Ipswich, MA, USA), the full genomes of three isolates were amplified using universal primers (24) and then sequenced using a 96-capillary 3730xl DNA Analyzer (Applied Biosystems, Foster City, CA, USA). Sequences were assembled using SeqMan DNA Lasergene 7 software (DNASTAR, Madison, WI, USA). The HA nucleotide sequences obtained in this study are available from GenBank under accession numbers MG882007, MG882008 and MG882009. MegAlign (DNASTAR) and BioEdit 7.0 were used for multiple sequence alignment (25). MEGA 5.0 was used for phylogenetic tree construction of gene segments by applying the neighbour-joining method with Kimura's 2-parameter distance model and 1000 bootstrap replicates (26). The trees included all Lebanese H9N2 virus sequences available in the GenBank database,

and closely related H9N2 viruses from other middle eastern countries as shown by a BLAST search.

Summary statistics were calculated and plotted using Excel (Microsoft, Redmond, WA, USA). Proportions of positive results were calculated with a 95% confidence interval (CI).

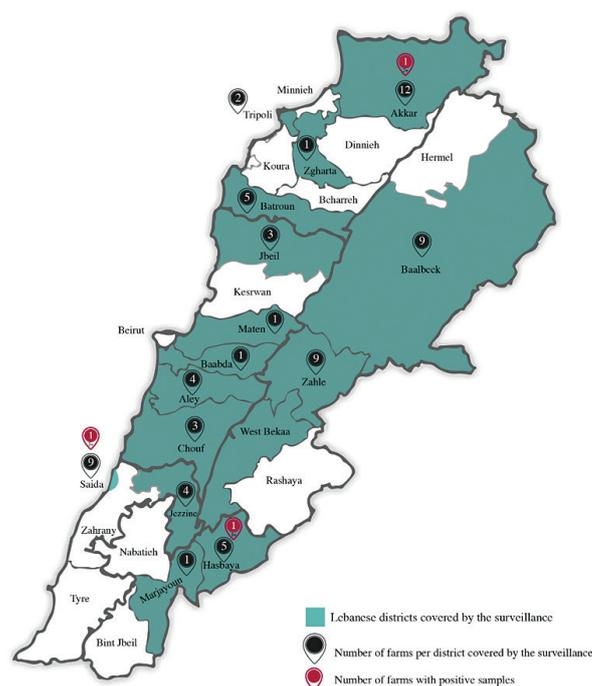
Between March and June 2017, 69 adult (aged > 18 years), male Lebanese farm workers with direct contact with poultry (i.e., feeding, handling, and cleaning pens) who agreed to participate were enrolled from sampled farms from the 7 governorates. Blood specimens were collected. Sera were tested for antibodies against AIVs (G1-like H9N2 and clade 2.3.2.1 H5N1) using microneutralization assay (27). Sera were tested in duplicate and were considered positive if titres were positive at  $\geq 1:10$  dilutions (28–30).

The study was approved by the Institutional Review Board of the Lebanese Ministry of Health. Informed consent was obtained from all individual participants.

## Results

None of the chickens at sampling sites exhibited signs of disease. None of the sampling sites were reported by the Ministry of Agriculture surveillance systems as an outbreak area. All sites reported using the H9N2 vaccine as verified by the sampling team. Six samples were positive for influenza A viruses and were spread in various governorates as follows: 4 from South Governorate (3 from within the same farm with 12 000 chickens and 1 from another farm with 10 000 chickens) and 2 from North Governorate from the same farm with 20 000 chickens (Figure 1). Subtyping of the 6 positive samples indicated

**Figure 1** Map of Lebanon showing the location of farms positive for avian influenza



circulation of H9N2 virus. Three of the 6 isolates were subjected to sequencing; 1 from each of the positive farms. None of the human sera tested positive for antibodies against H9N2 or H5N1.

Three H9N2 subtype influenza viruses were isolated from 3 chickens and were named A/chicken/Lebanon/61/2017, A/chicken/Lebanon/182/2017 and A/chicken/Lebanon/503/2017. Analysis of the HA genes showed that the nucleotide sequence similarities among the detected strains ranged from 97 to 99%. In addition, alignment analysis showed that the 3 isolates were related to A/chicken/Israel/1167/2010(H9N2) (nucleotide homology 96–97%). Based on phylogenetic analysis, the Lebanese H9N2 viruses clustered tightly with those of Israeli origin as well as Lebanese H9N2 viruses from 2010, and were related to G1-like viruses (Figure 2, available online).

## Discussion

As a result of the zoonotic potential of poultry AIV, this study required a One Health approach that studied animal and human health simultaneously, and a collaborative effort between public health, animal health and private sectors. It came as a follow-up to the response to the H5N1 outbreak reported in Lebanon in 2016 (31). Furthermore, Lebanon completed the joint external evaluation for international health regulations core capacities and AI was declared as one of the top zoonotic disease priorities for the country (32).

Our phylogenetic analysis showed that the Lebanese H9N2 viruses were closely related to H9N2 viruses from neighbouring middle eastern countries. In Lebanon, H9N2 has been detected since 2006. The viruses sequenced for this study indicated a close relationship with Lebanese viruses from 2010, suggesting that H9N2 viruses are enzootic in Lebanon and that genetic drift, and potentially antigenic shift, is occurring.

The presence of H9N2 infection in Lebanese poultry despite the use of vaccine suggests that the protection

induced by AI vaccines is limited by the continuous antigenic changes of the viruses. This may result in influenza viruses causing outbreaks occasionally.

No antibodies against H9N2 or H5N1 AIV were detected in the poultry-exposed individuals. However, this does not mean that exposed humans are not at risk of infection, especially given that this study was cross-sectional, and hence provides a slim chance to detect human infection.

The detection of H9N2 and the H5N1 outbreaks of 2016 highlight the fact that AI is an important zoonotic disease of concern to Lebanon. These results can aid Lebanon's preparedness to prevent, detect and respond to AI.

Our study had some limitations. Sampling was performed over the spring months, which may have led to underestimating the incidence of AI among poultry, as AI infections are more frequent over the winter months. Furthermore, our findings may have been affected by bias in relation to the sampling schemes and sample sizes used for both poultry and humans. If sampling or seasonality biases occurred, the findings would likely be an underestimation of the burden of AI in humans and animals in Lebanon.

## Conclusion

Regular active surveillance at the human–animal interface and characterization of circulating influenza viruses in farmed poultry is highly recommended to monitor the evolution of the genetic and antigenic characteristics of influenza viruses. The One Health approach should be adapted and involvement of multisectoral governmental and nongovernmental institutions is required. Public health, animal health, and other involved sectors should establish joint formal surveillance and response mechanisms to deal with AIV threats. Such programmes allow early detection of the virulent strains and obtain more information on their virulence and antigenic properties.

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**Competing interests:** None declared.

## Surveillance de la grippe aviaire à l'interface homme-animal au Liban, 2017

### Résumé

**Contexte :** Les virus de la grippe aviaire causent des maladies graves chez les volailles et l'homme. Au Liban, le virus de la grippe aviaire H9N2 a été détecté en 2006 et 2010, et le sous-type H5N1, en 2016.

**Objectifs :** Examiner les virus de la grippe aviaire circulant actuellement au Liban à l'interface homme-animal.

**Méthodes :** Au total, 1 000 prélèvements par écouvillonnage ont été effectués sur des volailles provenant de sept gouvernorats libanais de mars à juin 2017. Les prélèvements ont été soumis au dépistage de la grippe. Les sous-types hémagglutinine et neuraminidase des virus de la grippe aviaire ont été déterminés pour les échantillons positifs. Les segments des gènes ont été clonés et séquencés. Un prélèvement de sang a été réalisé sur 69 personnes exposées. Des

études sérologiques ont été effectuées pour tester les sérums à la recherche d'anticorps contre le virus de la grippe aviaire.

**Résultats :** Chez les poulets, les résultats du test de recherche du virus de la grippe aviaire H9N2 étaient positifs pour 0,6 %. Les séquences obtenues se regroupaient étroitement avec celles d'origine israélienne et avec les virus H9N2 libanais de 2010. Les résultats étaient négatifs pour tous les échantillons humains.

**Conclusion :** Nous recommandons une surveillance régulière des virus de la grippe aviaire chez les volailles à l'aide d'une approche « Une seule santé ».

## ترصد إنفلونزا الطيور في أوساط اختلاط البشر بالحيوانات في لبنان، 2017

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### الخلاصة

الخلفية: تتسبب فيروسات إنفلونزا الطيور في الإصابة بأمراض وخيمة في الدواجن والبشر. وقد اكتُشف فيروس إنفلونزا الطيور H9N2 في لبنان في عامي 2006 و2010، بينما اكتُشف فيروس إنفلونزا الطيور H5N1 في عام 2016.

الأهداف: هدفت الدراسة إلى تقييم فيروسات إنفلونزا الطيور المتداولة حالياً في لبنان في أوساط اختلاط البشر بالحيوانات.

طرق البحث: بلغ إجمالي المسوحات التي جُمعت من الدواجن 1000 مسحة من 7 محافظات لبنانية في الفترة بين مارس/ آذار ويونيو/ حزيران 2017. وفُحصت المسحات لتحري عدوى الإنفلونزا. وصُنفت فيروسات إنفلونزا الطيور في العينات الإيجابية إلى النمطين الفرعيين: الهيماجلوتينين والنيورامينيداز. واستُسخنت الأجزاء الجينية وُحددت متوالياتها. وُجمعت عينات الدم من 69 شخصاً تعرضوا للفيروس. وأُجريت دراسات مصلية لاختبار الأمصال للكشف عن الأجسام المضادة لإنفلونزا الطيور.

النتائج: جاءت نتائج اختبار فيروس إنفلونزا الطيور H9N2 إيجابية في 0.6% من الدجاج. وُجمعت المتواليات التي حُصل عليها جنباً إلى جنب مع تلك الإسرائيلية المنشأ وكذلك فيروسات H9N2 اللبنانية المنشأ منذ عام 2010. وجاءت نتائج تحليل كل العينات البشرية سلبية.

الاستنتاج: نوصي بترصد فيروسات إنفلونزا الطيور في الدواجن بصفة منتظمة باستخدام نهج الصحة الواحدة.

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