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## INTERLEUKIN-6 DEFICIENCY MODIFIES THE EFFECT OF HIGH FAT DIET ON MYOCARDIAL EXPRESSION OF FATTY ACID TRANSPORTERS AND MYOCARDIAL LIPIDS

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Chronic inflammation is a critical feature of obesity in the development of myocardial dysfunction. The observations that interleukin-6 (IL-6) is implicated in lipid and glucose homeostasis as well as its connection with the pathogenesis of insulin resistance might suggest the involvement of this cytokine in metabolic disorders of the failing heart. In the present study we aimed to assess the effects of IL-6 ablation in mice fed with normal and high fat diet on the myocardial expression of glucose and fatty acid transporting proteins, and to evaluate the paralleled alterations in lipid content. We demonstrated that mice devoid of IL-6 exert reduced glucose transporter type 4 (GLUT-4) expression (-26%) and plasma membrane abundance (-43%), with no effect on glucose transporter type 1 (GLUT-1) content. Although there were no significant alterations in fatty acid translocase (FAT/CD36) and plasma membrane-associated fatty acid-binding protein (FABPpm) levels, we revealed a substantial decline in intramyocardial triacylglycerol level (-49%). Challenging of IL-6 knockout (KO) mice with high fat diet evoked an increase in FAT/CD36 expression (+19%) concomitantly with a trend for its reduced amount in plasma and mitochondrial membranes. Additionally, an increase in triacylglycerol level (+56%) was noticed, simultaneously with elevated content of saturated (+62%), monounsaturated (+69%) and polyunsaturated (+38%) fatty acids in this lipid fraction. The presented data reflect different roles of IL-6 in cardiomyocytes under selected conditions (*i.e.*, normal and excessive lipid supply).

Key words: obesity, interleukin-6, fatty acid translocase, fatty acid-binding protein, high fat diet, lipids, heart, glucose transporter

#### INTRODUCTION

Obesity, the epidemic of 21st century, is one of the main factors leading to the heart failure. During the development of obesity, the share of circulating long chain fatty acids (LCFA) used in ATP generation in the heart rises from 50 - 70% (in physiological state) up to > 90% coinciding with a reduced glucose utilization (1). The cellular uptake of these energy substrates seems to be dependent on the expression of specific membrane proteins. The most important are fatty acid translocase/CD36 (FAT/CD36) and plasma membrane-associated fatty acid-binding protein (FABPpm) for LCFA (2, 3) as well as GLUT-1 and GLUT-4 for glucose (4). A growing evidence has also established an important role of these transporters' distribution between cellular compartments on cardiac metabolic remodeling in response to elevated plasma fatty acid level (5). Studies on obese Zucker rats and diabetic mice revealed a permanent translocation of FAT/CD36 and FABPpm from intracellular pool to the plasma membrane as a major reason for cardiac LCFA oversupply (6-8). These conditions eventually lead to increased myocardial content of toxic lipids that contribute

to deterioration of cardiac function, also termed as lipotoxic cardiomyopathy (5). Fatty acid overload coincides also with enhanced level of lipid peroxidation indicating oxidative stress induction (9). Interestingly, the elevated transport of LCFA into the cardiomyocytes may be, correspondingly, associated with relocation of FAT/CD36 to the mitochondrial membrane (10) and enhanced rate of fatty acid oxidation (FAO). Eventually however, FAO might be either insufficient to handle increased uptake or incomplete as a consequence of exceeded tricarboxylic acid cycle and oxidative phosphorylation capacities (11-13).

Inflammation is a significant component of myocardial dysfunction in obesity. Several studies underscore a powerful role of interleukin-6 (IL-6) in these disease processes. The cytokine derives primarily from immune cells, adipocytes and skeletal muscles (14), however it can be also produced by the elements of cardiovascular system, including vascular smooth muscle cells, endothelial cells and ischemic cardiac myocytes (15). Furthermore, IL-6 contributes to the control of glucose and lipid metabolism in both skeletal muscles (14) and the heart (16, 17). Importantly, the expression of IL-6 has been strongly induced in

palmitate-treated primary rat neonatal cardiomyocytes and served as a mediator of lipotoxicity (18). The elevated expression of the cytokine was also reported in diabetic mice hearts (19). Moreover, the plasma level of IL-6 correlated with increased circulating nonesterified fatty acid (NEFA) content and insulin resistance in humans (20). It was also positively associated with cardiovascular disease in both type 1 and type 2 diabetes (21). On the other hand, a human IL-6 gene polymorphism leading to its diminished tissue expression and plasma concentration was shown to entail enhanced insulin sensitivity (22). Surprisingly, IL-6 deficient mice were insulin resistant and developed maturity-onset obesity (23). Such observations were consistent with a report by Matthews *et al.* (24), but not with data from Di Gregorio *et al.* (25).

Given the fact that the role of IL-6 in obesity-related cardiovascular disease is still unclear, we examined features of myocardial carbohydrate and lipid metabolism upon IL-6 ablation in mice. Particularly, we assessed the total expression and cellular redistribution of proteins transporting fatty acids (FAT/CD36 and FABPpm) and glucose (GLUT1, GLUT4) in cardiomyocytes of transgenic IL-6 knockout (KO) mice with diet-induced obesity. Additionally, we evaluated the changes in intramyocardial lipid content in triacylglycerol (TAG) fraction.

#### MATERIALS AND METHODS

#### Study design

The study was performed on 80 male mice: IL-6 knock-out -C57BL/6J IL-6-/-TMKopf (IL-6 KO) and their respective wild-type - CB57BL/6J (WT). Twenty animals of each type were bred either normal or high-fat diet for 16 weeks, starting at the age of 4 weeks. Normal diet comprised 10 kcal% fat (Research Diets, INC D12450B) and high-fat diet 60 kcal% fat (Research Diets, INC D12492). Mice were kept in plastic cages at  $22 \pm 1^{\circ}$ C, in constant humidity, with 12/12 light/dark cycle and free access to drinking water. The average mice weight at week 4 was  $12.93 \pm 0.5$  g. At week 16, WT mice on normal and high fat diets weighed  $26.06 \pm 0.8$  g and  $48.51 \pm 3$  g respectively, whereas IL-6 KO mice  $24.46 \pm 0.7$  g and  $45.59 \pm 5.7$  g. At the age of 20 weeks, the animals were killed by cervical translocation and immediately samples of blood, left and right ventricle were taken, cleaned of any visible non-muscle tissue and frozen in liquid nitrogen.

All procedures were performed in compliance with the European Communities Council Directive of 24 November 1986 (86/609/EEC). The study was approved by local ethics committee on animal care.

#### Genotyping

IL-6 genotyping was performed on genomic DNA isolated from mouse tails using Genomic Mini Kit (A&A Biotechnology, Gdansk, Poland) according to the protocol, as we described previously (26, 27). For PCR, Master Mix (2×) (Fermentas) and custom made primers (F 5'-CCATCCAGTTGCCTTCTTG-3', R 5'-AAGTGCATCATCGTTGTTCATAC-3') were used. After initial denaturation for 5 minutes in 94°C, amplification was performed during thirty PCR cycles under following conditions: 94°C - 20 s, 52°C - 30 s, 72°C - 3 min, final extension 72°C - 10 min, and 4°C at the end of the procedure. Then DNA was separated with ethidium bromide by electrophoresis on 1% agarose gel.

#### Subcellular fractionation of cardiac myocytes

Subcellular fractionation of cardiac myocytes was performed according to the procedures previously described (10, 28, 29). Briefly, the thawed heart tissue was minced and incubated for 30 min in a high-salt solution (2 mol/l NaCl, 20 mmol/l HEPES pH 7.4, 5 mmol/l NaN<sub>3</sub> and protease inhibitors) at 4°C. Next, the suspension was subjected to a series of centrifugation with increasing time and speed. After each step, the resulting pellet was resuspended in 300  $\mu$ l TES-buffer (20 mmol/l Tris pH 7.4, 1 mmol/l EDTA, 250 mmol/l sucrose and protease inhibitors) and saved. The analysis of particular fractions with ATPase sodium/potassium pump (Na<sup>+</sup>/K<sup>+</sup>) and glucose transporter type 4 (GLUT-4) enabled the identification of the plasma membrane fraction.

#### Isolation of mitochondria

Mitochondria were isolated from mice hearts by means of a trypsin digestion procedure (10, 30). In brief, ventricular tissue was minced, suspended in 10 ml of isolation medium (0.3 M sucrose, 10 mM sodium HEPES, pH 7.2, and 0.2 mM EDTA) and subjected to digestion by the addition of trypsin (1.25 mg) and 15 min incubation in 4°C. Next, samples were diluted with 10 ml of isolation buffer containing 1 mg/ml bovine serum albumin (BSA) and 6.5 mg of trypsin inhibitor. The suspension was mixed, and the supernatant was discarded. Afterwards, partially digested myocardial tissue was resuspended in 10 ml of isolation medium with 1 mg/ml BSA and homogenized with a glass homogenizer.

Subsequently, the homogenate was centrifuged for 10 min at 600 g, and resulting supernatant was centrifuged again (15 min, 8000 g). The pellet was twice resuspended in 10 ml of isolation buffer with 1 mg/ml BSA and centrifuged (15 min, 8000 g). The final washed pellet was resuspended in 500  $\mu$ l of isolation buffer containing 1 mg/ml BSA.

#### Western blot analysis

The protein expression of FAT/CD36, FABPpm, GLUT-1 and GLUT-4 (30 µg) was determined in homogenate, plasma membrane and mitochondria of myocardium. Western blotting technique was applied to detect protein content as described previously (31-33). Briefly, bicinchoninic acid method with BSA serving as a protein standard was used to determine the total protein content in each sample. Next, the proteins were separated using 10% SDS-polyacrylamide gels, transferred to the nitrocellulose membrane and blocked in 7.5% BSA (GLUT-1) and 5% nonfat dry milk in TBST (FABPpm, FAT/CD36, GLUT-4). Then, membranes were immunoblotted with primary antibodies: anti-FABPpm (a gift from A. Bonen), anti-FAT/CD36 (Novus Biologicals, US) and anti-GLUT-1, anti-GLUT-4 (Santa Cruz Biotechnology, US). The primary antibodies were detected with a horseradish peroxidase-conjugated secondary antibody (Santa Cruz Biotechnology, CA). Proteins were visualized using an enhanced chemiluminescence substrat (Thermo Scientific, USA) and quantified by densitometry (Biorad, Poland). Equal protein concentrations were loaded in each lane as confirmed by Ponceau staining of the blot membrane. The protein expression of FABPpm, FAT/CD36, GLUT-1 and GLUT-4 was related to the control (WT) that was set to 100%. Finally, each experimental group was expressed relatively (%) to the control.

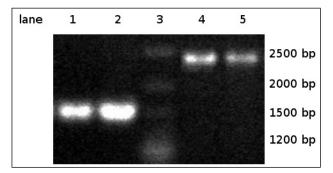
#### Lipid analyses

TAG were analyzed by gas-liquid chromatography. The studied lipid fraction was extracted using the Folch *et al.* (34) method with modifications of van der Vusse *et al.* (35). Briefly, myocardium was extracted in chloroform-methanol (2:1, vol/vol). Next, TAG fraction was separated by thin-layer chromatography silica plates (Kieselgel 60, 0.22 mm, Merck, Darmstadt,

Germany). Subsequently, fatty acids and triheptadecanoate (Sigma Aldrich, St. Louis, MO), used as an internal standard, were transmethylated and dissolved in hexane. The fatty acid methyl esters (FAMEs) were identified and assessed quantitatively by gas liquid chromatography (Hewlett-Packard 5890 Series II gas chromatograph, HP-INNOWax capillary column) and flame - ionization detector (Agilent Technologies, Santa Clara, CA). The total TAG content was estimated as the sum of particular fatty acid species. The value was expressed as nanomoles per gram of myocardium weight.

#### Statistical analysis

The analysis was conducted using Statistica 6.1 for Windows (StatSoft, Tulsa, USA). All results were presented as mean  $\pm$  SEM. Statistical differences between groups were evaluated with Kruskal-Wallis ANOVA and Mann-Whitney tests. Any differences with P value less than 0.05 were considered statistically significant.



*Fig. 1.* IL-6 genotyping of wild-type (WT) - lanes 1-2 and IL-6 knockout (KO) - lanes 4-5 animals. DNA electrophoresis on agarose gel is shown. Lane 3 - DNA ladder.

#### RESULTS

### Interleukin-6 genotyping

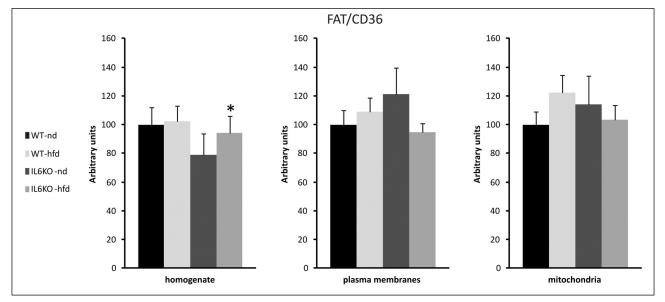
Material from WT animals yielded DNA fragments ca. 1476 bp in size, whereas DNA fragments from IL-6 KO animals contained also a fragment of neomycin cassette and their size was about 2400 bp (*Fig. 1*).

#### Myocardial expression of fatty acid, glucose transporters and intracellular lipids in interleukin-6 knockout and respective wild-type CB57BL/6J mice

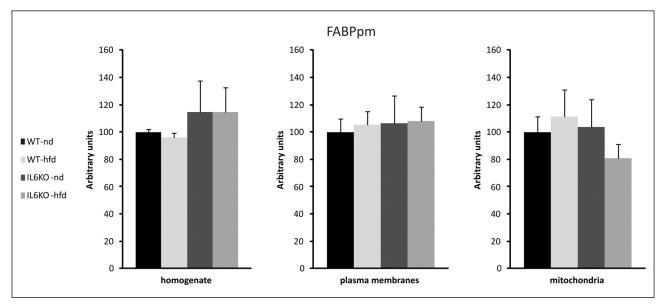
The total expression of FAT/CD36 tended to decline (-21%, P > 0.05) in IL-6 KO mice (*Fig. 2*), while FABPpm level in homogenate was slightly increased in animals devoid of IL-6 (+15%, P > 0.05) (*Fig. 3*). No difference was observed in plasmalemmal and mitochondrial expression of FAT/CD36 (*Fig. 2*) and FABPpm (*Fig. 3*). The expression of GLUT1 in homogenate remained unchanged, although its plasma membrane abundance tended to diminish (-22%, P > 0.05) (*Fig. 4*). We found a decrease in myocardial GLUT4 in IL-6 KO mice as compared to WT (-26% P < 0.05 in homogenate and -43% P < 0.01 in plasma membranes) (*Fig. 5*). Moreover, TAG content was significantly decreased in IL-6 KO mice (-49% P < 0.01 for total, -51% P < 0.01 for SFA, -58% P < 0.001 for MUFA and -39% P < 0.01 for PUFA) (*Fig. 6*).

#### Effect of high fat diet on myocardial expression of fatty acid and glucose transporters, and intracellular lipids in wild-type CB57BL/6J mice

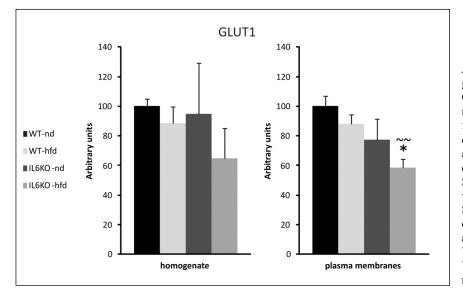
We observed a tendency to increase in both plasmalemmal and mitochondrial expression of myocardial FAT/CD36 in WT mice fed normal as compared to high-fat diet (ns.) (*Fig. 2*). There was no difference in FABPpm expression in WT mice (homogenate, plasma membranes nor mitochondria) (*Fig. 3*). GLUT1 expression tended to be decreased both in homogenate



*Fig. 2.* The effect of diet and IL-6–/– genotype on myocardial expression of FAT/CD36 in homogenate, plasma membranes and mitochondria. All fractions were prepared from left ventricle homogenates as described in Material and Methods. Data are based on 5 independent determinations for each group (mean  $\pm$  SEM). 100% was assigned to the mean value in WT animals fed normal diet. Significant differences for IL-6 KO mice on high fat versus normal diet are shown as: \* P < 0.05. WT, wild type; IL6KO, IL-6 knockout; nd, normal diet; hfd, high fat diet.



*Fig. 3.* The effect of diet and IL-6–/– genotype on myocardial expression of FABPpm in homogenate, plasma membranes and mitochondria. All fractions were prepared from left ventricle homogenates as described in Material and Methods. Data are based on 5 independent determinations for each group (mean  $\pm$  SEM). 100% was assigned to the mean value in WT animals fed normal diet. WT, wild type, IL6KO, IL-6 knockout; nd, normal diet; hfd, high fat diet.



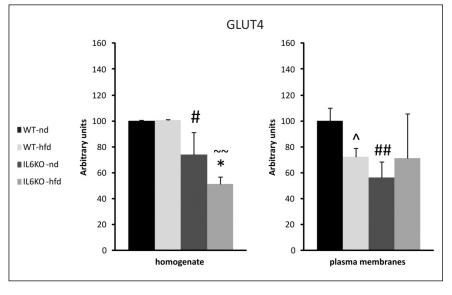
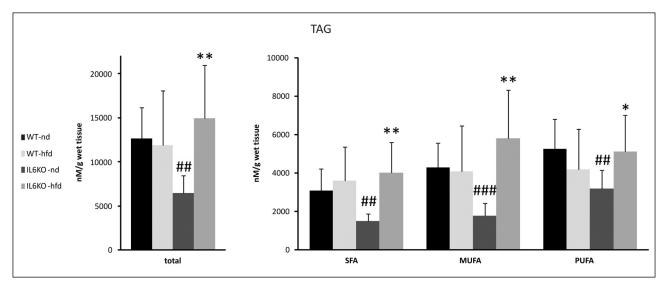


Fig. 4. The effect of diet and IL-6-/genotype on myocardial expression of GLUT1 in homogenate and plasma membranes. The fractions were prepared from left ventricle homogenates as described in Material and Methods. Data based 5 are on independent determinations for each group (mean  $\pm$ SEM). 100% was assigned to the mean value in WT animals fed normal diet. Significant differences for IL-6 KO mice on high fat versus normal diet are shown as: \* P < 0.05, while for high fat diet fed WT versus IL-6 KO mice as  $\sim P < 0.01$ . WT, wild type, IL6KO, IL-6 knockout; nd, normal diet; hfd, high fat diet.

Fig. 5. The effect of diet and IL-6-/genotype on myocardial expression of GLUT4 in homogenate and plasma membranes. The fractions were prepared from left ventricle homogenates as described in Material and Methods. Data are based on 5 independent determinations for each group (mean  $\pm$  SEM). 100% was assigned to the mean value in WT animals fed normal diet. Significant differences for WT mice fed high fat versus normal diet are shown as: ^P < 0.05; for IL-6 KO versus WT mice fed normal diet are shown as: #P < 0.05, ##P < 0.01; for IL-6 KO mice on high fat versus normal diet are shown as: \*P < 0.05 and for high fat diet fed WT versus IL-6 KO mice as  $\sim P < 0.01$ . WT, wild type, IL6KO, IL-6 knockout; nd, normal diet; hfd, high fat diet.



*Fig. 6.* The effect of diet and IL-6–/– genotype on myocardial triacylglycerol content. Triacylglycerols were extracted from the left ventricle homogenates and their fatty acid residues were summed as saturated fatty acids (SFA), monounsaturated fatty acids (MUFA), polyunsaturated fatty acids (PUFA) as described in Material and Methods. Data are based on 5 independent determinations for each group (mean  $\pm$  SEM). Significant differences for IL-6 KO versus WT mice fed normal diet are shown as: ##P < 0.01, ###P < 0.001; for IL-6 KO mice on high fat versus normal diet are shown as: \*P < 0.05, \*\*P < 0.01. WT, wild type, IL6KO, IL-6 knockout; nd, normal diet; hfd, high fat diet.

and membrane fraction of WT animals fed high fat diet (ns.) (*Fig. 4*). The expression of GLUT4 was diminished in WT mice on high fat diet in plasma membrane fraction (-25% P < 0.05), but not in homogenate (*Fig. 5*).

There were no changes in the total content and composition of TAG (SFA, MUFA nor PUFA) in WT mice fed normal or high fat diet (*Fig. 6*).

# Effect of high fat diet on myocardial expression of fatty acid, glucose transporters, and intracellular lipids in interleukin-6 knockout mice

We demonstrated increased expression of myocardial FAT/CD36 in homogenate of IL-6 KO mice fed high fat as compared to normal diet (+19% P < 0.05) (*Fig. 2*), whereas in plasma membrane and mitochondrial fractions FAT/CD36 expression tended to be decreased (-22%, -10%, respectively, P > 0.05). There were no significant differences in FABPpm expression in IL-6 KO mice in homogenate and plasma membranes, although its level in mitochondrial fraction was slightly diminished (-19%, P > 0.05) (*Fig. 3*). GLUT1 expression in plasma membranes of cardiomyocytes was diminished in IL-6 KO mice fed high fat diet as compared to normal diet (-32%, P < 0.05) and wild type mice fed high fat diet (-26%, P < 0.01) (*Fig. 4*). GLUT4 expression was diminished in IL-6 KO mice on high fat diet in homogenate (-30% P < 0.05), but not in plasma membrane fraction (*Fig. 5*).

In IL-6 KO mice, unlike in WT animals, total TAG level rose significantly on high fat diet (+56%, P < 0.01), and so were particular fatty acid fractions (SFA +62%, P < 0.01; MUFA +69%, P < 0.01; PUFA +38%, P < 0.05) (*Fig. 6*).

#### DISCUSSION

The present study sought to determine the effects of IL-6 ablation in mice on several parameters of lipid and glucose myocardial metabolism. We revealed that IL-6 deficiency

a) decreases GLUT-4 expression and plasma membrane abundance, b) does not significantly alter FAT/CD36 and FABPpm level, and c) declines TAG content in cardiomyocytes. When challenged with high fat diet these animals exhibited a) further reduced expression of glucose transporters, b) increased total expression of FAT/CD36 concomitantly with slightly diminished its plasmalemmal and mitochondrial content, and c) increased TAG level in both saturated and unsaturated fatty acid species.

Clinical data provide evidence that elevated LCFA supply is a profound cause of structural myocardial damage (i.e., ventricular fibrillation, inflammation and cardiomyocyte's apoptosis) (36) as well as left ventricular hypertrophy and arrhythmias (37, 38). Further studies imply a strong association between excessive lipid accumulation and the development of insulin resistance (39, 40). Since FAT/CD36-related mechanisms account for ~50% of myocardial fatty acid incorporation (41), it may be a major culprit of lipotoxic cardiomyopathy in obesity. Previous data indicate enhanced FAT/CD36 protein expression in IL-6 KO mice, however it was not followed by changes in myocardial TAG deposition (16). On the contrary, we herein provide somewhat different observations in IL-6 KO mice fed standard diet, *i.e.*, a slight decrease in FAT/CD36 content and a reduction in TAG amount. Such discrepancies may result from different age or sex of mice used in both experiments (i.e., female mice in the first study and male mice in our experiment). Furthermore, a reduction in TAG level might be also unexpected considering cumulative evidence towards downregulation of oxidation-promoting genes expression in mice devoid of IL-6. For instance, lack of functional IL-6 can abolish the activation of AMP-activated protein kinase (AMPK), a complex protein of well established role in glucose uptake and fatty acids oxidation (14). Moreover, IL-6 depleted mice have initially reduced level of peroxisome proliferator activated receptor  $\alpha$  (PPAR $\alpha$ ), although high fat diet did not aggravate this effect (17, 42). PPARa and its coactivator PGC-1a act as profound regulators of oxidative metabolism, while the deletion of each protein is combined with a subsequent decrease in the myocardial

expression of fatty acid  $\beta$ -oxidation genes (41, 43). In line with this notion, the mRNA level of PGC-1 $\alpha$  was diminished in IL-6 KO mice as compared to WT animals (17, 42), further resulting in decreased mitochondrial transcription factor (mTFA) expression (42). Moreover, a reduction in cytochrome C content was demonstrated in IL-6 KO mice fed with high fat diet, despite no differences in the expression of COX IV and citrate synthase between IL-6 KO and WT mice on both diets (17). It might be presumed that genetic ablation of IL-6 under normal diet provision in our experimental model activates other regulatory factors that minimize the consequences of IL-6 depletion on lipid oxidation. IL-6 KO animals may also exhibit increased activity of other enzymes responsible for TAG degradation, i.e. triacylglycerol lipase (ATGL) and hormone-sensitive lipase (HSL) (44), while released fatty acids can be redirected into other lipid fractions. Interestingly, decreased TAG level in IL-6 KO mice is reminiscent of the effects demonstrated during tachycardia, where increased fatty acid incorporation into TAG is overwhelmed by the rate of TAG utilization (45). Nevertheless, the results of high fat diet treatment of IL-6 KO animals encompassed the increase in FAT/CD36 protein content, while Chen et al. also confirmed that on mRNA level (42). Moreover, we observed a tendency to a decrease in the mitochondrial content of FAT/CD36 and FABPpm proteins combined with a greater level of TAG accumulation in the cardiomyocytes of mice devoid of IL-6 fed high fat diet as compared to WT animals. Accordingly, histological examinations also confirmed a role for IL-6 deletion in diminishing the amount of myocardial lipid droplets in mice fed standard diet (17) and for the intensification of lipid storage in the model of HFD-induced obesity (42). These findings may suggest that the absence of IL-6 triggers an increase in cardiac susceptibility to lipid deposition and reduction in oxidative capacities under the condition of excessive lipid delivery. Additionally, the abovementioned results point out a differential metabolic response to IL-6 deletion between mice exposed to standard and high fat diets.

In contrast, FABPpm expression remains unaltered in cardiomyocytes of IL-6 KO mice when challenged with excessive fatty acid level in a diet. It is in accordance with previous study (16), where no change in FABPpm level in basal conditions was noticed. We speculate that FABPpm regulation remains independent of IL-6 actions or this protein may have a minor role in fatty acid uptake in the heart regardless of the level of lipid delivery in a diet.

IL-6 KO mice when challenged with high fat diet exhibited increased TAG storage supporting a conclusion that mitochondrial  $\beta$ -oxidation is insufficient to cope with chronically enhanced level of circulating fatty acids. However, as TAG are one of neutral forms of lipids in cells, their role in lipotoxicity is controversial. Several studies reported that the increase in FAT/CD36 content and subsequent elevation in myocardial TAG prove to be prerequisites for cardiac contractile dysfunction (7, 46, 47) and correlate with indicators of insulin resistance (i.e., HbA1c level and a reduction in insulinstimulated glucose metabolism) (48). Therefore, we might assume that TAG accumulation is one of the factors underlying insulin resistance observed in IL-6 KO mice during high fat diet (42). On the other hand, the sequestration of saturated fatty acids into TAG pool, otherwise shuttled into diacylglycerols and ceramides generation, could limit the toxic effects of the latter fractions (36). This is of particular interest since saturated fatty acids (i.e., palmitate treatment) attenuated  $\beta$ -oxidation and citric acid cycle flux in primary neonatal cardiomyocytes (49). Indeed, data from Listenberger et al. (50) and Bosma et al. (51) indicate a protective role of intracellular TAG accumulation likely through reduced reactive oxygen species generation and

protection from endoplasmic reticulum stress (especially evoked by palmitate overabundance) (50). Furthermore, the analysis of TAG composition revealed a greater level of myocardial fatty acid incorporation also into mono- and polyunsaturated species in IL-6 KO mice on high fat diet as compared to WT animals. Many data suggest that elevated content of unsaturated fatty acid may be cardioprotective due to the stimulation of  $\beta$ -oxidation and reduced fatty acid synthase activity (52, 53).

In the lipid overload milieu, the cardiac flexible preference for substrate usage in oxidative metabolism is reduced, becoming enormously dependent on fatty acids (41, 54). We suggest that IL-6 deficiency combined with high fat diet may aggravate such metabolic switch through a reduction in GLUT-4 expression and its plasma membrane abundance, thereby implying a decline in glucose transport into cardiomyocytes. GLUT-1 seems to be less sensitive to IL-6 ablation, at least during standard diet feeding, whereas fatty acid oversupply diminishes its plasma membrane content. Taken together, these data may point out to the important role of IL-6 in carbohydrate uptake into cardiomyocytes in terms of both cardiac expression and cellular relocation of glucose transporters. The effect on glucose transporters may be also attributed to reduced PGC-1a expression since the coactivator has been implicated in the control of GLUT-4 expression and translocation to the plasma membrane (55).

In summary, the present study delivers a careful insight into lipid and glucose metabolism in the hearts of IL-6 KO mice fed with a high fat diet. Our data indicate a reduced GLUT-4 expression as well as a tendency towards decreased FAT/CD36 and FABPpm mitochondrial abundance in these animals, together with a greater level of myocardial TAG accumulation. These effects may serve as indicators of reduced  $\beta$ -oxidation upon IL-6 ablation in animals challenged with high fat diet, thereby emphasizing an important role of IL-6 level in obesity.

Conflict of interests: None declared.

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